

# Allowing God to Restore Your Visionary Capacity

By Mark Virkler

Some people find that seeing vision is almost impossible. They are not even able to call a picture of their loved ones onto the screen of their minds. There may be several reasons for this. It is best to seek the Lord for revelation concerning what the block or hindrance is, and then to ask for His revelation of the steps to take to heal the problem. The following are some common problems that I have run into, along with some solutions that have proven helpful.

## **Problem #1 – Disdaining the Visual and Idolizing the Rational**

Some people have unwittingly been swept into the Westerner's idolization of logic and his disdain (or disregard) of the visionary. Westerners generally do not believe in the value and power of the visionary capacity within them. They do not hold it in esteem and honor, as one of the gifts that God has placed within man. This was my problem.

To heal this problem, you must: 1) Repent for not fully honoring and using a gift and ability that God has placed within; 2) Repent for idolizing logic and cognition; 3) State your commitment to present both your visionary and analytical capacities to the Holy Spirit to fill and to use; 4) Ask God to breathe upon and restore your visual capacity; and 5) Begin practicing and exercising it by learning to live in pictures as readily as you live in thoughts. Then you are ready to begin presenting the eyes of your heart to God to fill, by looking for His vision as you walk through life.

## **Problem #2 – Fear of Entering into Cultism**

Some are unable to use their visual capacities effectively because they have been taught that it is cultish.

To heal this problem, you must: 1) Realize that the ability to think and see using pictures was given to you by God, not by Satan; 2) Realize that even though Satan seeks to fill your visual abilities, so does God; 3) Realize that Satan can attack the thought processes as easily as he can attack the visionary processes; therefore, both must be presented continuously before the Lord for Him to fill and to flow through; 4) Acknowledge that God does not want you to turn away from use of the visual capacity, but rather He wants you to present it continuously to Him to fill; 5) Renounce fear of receiving a satanic counterfeit, while confessing faith in God's ability to fill the visual capacity; 6) Confess fear as sin and receive God's gift of faith.

### **Problem #3 – Cutting off the Visual Capacity in order to avoid the Sin of Lust**

Some people have chosen to deal with the problem of lust by simply making a decision to cut off all the use of visual capacity. These people probably cannot visualize anything, including their living room couch.

To heal this problem, you must: 1) Realize that there are effective means of dealing with lust, other than cutting off one of the capacities that God has placed within. It is definitely more effective to fix our eyes upon Jesus with our visionary capacity when we are tempted by lustful images than it is to refuse to use our visionary capacity at all. Moreover, when we constantly fill our vision with Jesus, we will find that destructive images simply cannot and do not intrude. It is the idle and empty mind that falls prey to sin; 2) Learn to appropriate some of these other alternatives to effectively deal with the sin of lust; 3) Repent for cutting off the visual capacity; 4) Ask God to restore it and recreate it; 5) Begin using it again; and 6) Ask God to fill it with His divine vision.

### **Problem #4 – Shutting Down the Visual Capacity in Order to Avoid Some Unpleasant Visual Scene**

Some people have shut off their sensitivity to the visual capacity because they are trying to avoid seeing a scene of pain in their lives. This may be an experience of molestation or a recurring nightmare or some other terrifying scene. They have decided that the most effective way of handling these frightening scenes is to cut off their visual capacities. These people probably cannot visualize anything, not even their family pet.

To heal this problem, you must: 1) Recognize and discover the precipitating reason for cutting off your visual sense; 2) Offer the scene to God, asking Him to walk into it and heal it with His loving, all-powerful presence. Seek the help of someone skilled in the ministry of inner healing if necessary to help you receive the complete healing God has for you; 3) Ask God to restore the use of your visual capacity; 4) Begin again to use pictures and visions as you walk through life; and 5) Present the eyes of your heart to God for Him to fill and flow through.

Once you have gone through this document to help heal some aspect of your soul, go to your spiritual advisors and trusted friends to explain to them what you are going through at this time with respect to any one or more of the categories mentioned above and ask them to pray for you and hold you accountable to go through a healing process so that your relationship with God in this area of your life can be restored to you in all it was meant to be.