

My Flesh Inventory

Examine the List and make a mark next to the traits that you identify with.

ANGRY AT OTHERS	FEEL INADEQUATE	OBSESSIVE COMPULSIVE
ANGRY AT SELF	FEEL INFERIOR	BEHAVIOR
ANGRY AT GOD	FEEL INSECURE	OCCULT ORIENTED
ANXIETY	FEEL REJECTED	OVERLY OPINATED
ARGUMENTATIVE	FEEL STUPID	OVERLY QUIET
AVOID INTIMACY	FEEL SUPERIOR	OVERLY SENSITIVE
BIGOTRY	FEEL UNLOVABLE	PASSIVITY
BITTERNESS	FEEL UNWORTHY	PASSIVE AGGRESSIVE
BLAME GOD	FEEL WORTHLESS	PERFECTIONIST
BLAME OTHERS	GLUTTONY	PERFORMANCE BASED
BOASTFUL	GREED	ACCEPTANCE
BOSSY	GUILT – UNWARRANTED	POSSESSIVE
BOTTLE UP EMOTIONS	HAPPINESS IS A MAJOR GOAL	PREJUDICE
CAN'T APOLOGIZE	HATEFUL TO OTHERS	PRIDE
CAN'T EXPRESS GRATITUDE	HATRED	PROCRASTINATION
CAUSING DISSENSION	HOMOSEXUAL ATTRACTION	PROFANE
COMPULSION TO REPAY OTHERS	HOSTILE TOWARDS GOD	PROJECT BLAME
COMPULSIVE BEHAVIOR	HOSTILE TOWARDS OTHERS	PRONE TO GOSSIP
COMPULSIVE THOUGHTS	HOSTILE TOWARDS SELF	SADNESS
CONCEIT	IDOLATRY	SELF-ABSORBED
CONTROLLED BY EMOTIONS	IF IT FEELS GOOD, DO IT	SELF- CONDEMNATION
CONTROLLED BY PEERS	IMPATIENT	SELF- INDULGENCE
CONTROLS OTHERS	IMPULSIVE	SELF- JUSTIFICATION
COVETOUSNESS	IMPURE THOUGHTS	SELF- PITY
CRITICAL ATTITUDE	INADEQUATE	SELF- RELIANT
DECEITFUL	INDIFFERENT TO OTHER'S PAIN	SELF- RIGHTEOUS
DEFENSIVE	INHIBITED EMOTIONALLY	SELF- SUFFICIENT
DEMAND BY RIGHTS	INSECURE	SELFISH AMBITION
DENIAL	INTEMPERANCE	SELFISH WITH THINGS
DEPRESSION	INTIMIDATING	SENSUALITY
DOMINANCE	INTROSPECTIVE	SEXUAL LUST
DON'T TRUST GOD	JEALOUSY	SILENT TREATMENT
DOUBT GOD'S WORD	LAZY	STUBBORNNESS
DIFFICULT TO RECEIVE HELP	LONER	SUSPICIOUS
DRUG DEPENDENCY	LOW SELF-DISCIPLINE	TEMPER
DRINK TO RELAX	LOW SELF ESTEEM	TOO QUICK TO SPEAK
EMPTY RELIGIOUSITY	LUST FOR PLEASURE	UNBELIEF
ENVY	MANIPULATIVE	USE THREATS
ESCAPISM	MATERIALISTIC	USE GUILT TO CONTROL
FALSE MODESTY	MUST BE IN CONTROL	USE MONEY TO CONTROL
FEAR	MUST BE STRONG	VANITY
FEAR OF WEAKNESS	NEGATIVE	WITHDRAWAL
FEAR OF FAILURE	NERVOUSNESS	WORKAHOLIC
FEEL WEAK OR HELPLESS	NOT SUBMISSIVE TO AUTHORITY	WORRIER

These traits are generated through walking in the world. Some are socially acceptable, some are not. They constitute your unique version of the flesh. Satan will use these flesh patterns to gain victory, yet this is not who you really are – it doesn't determine your identity. As you check these, pray that God would give you victory in these areas.